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inkwell

The Award-Winning Voice of Armstrong Atlantic State University
inkwell@mail.armstrong.edu * www.sa.armstrong.edu/inkwell

January 6, 2004 * Volume 68 Edition 1



Registrar's Office takes steps to prevent repeat of Fall 2003

Brent Watson
Submissions Editor

The Inkwell, Pirate's Cove, the marquees, the television monitors, The Inkwall, and sidewalk art are all mediums of communication that are vital to the progress of a university.

These tools are used to convey information. Such information includes dates and locations of events, personal viewpoints on current issues, or the score of the latest volleyball game.

These outlets are available to students, faculty, staff and administration.

Armstrong should be proud of the many forms of communication that connect its members.

With such overall pride there is, however, some focused disappointment. Communication within factions of Armstrong may be good, but the communication between the factions is not.

With factions such as students, professors, staff, and administration, perhaps the most important line of inter factional communication is between the administration and the students.

A faulty component within this line could cause the digression of a student's

collegiate career. It is imperative that communication, specifically between these two factions, be clear and frequent. Sadly, there were flaws during this past semester.

In order to assure that these flaws were resolved, the SGA put together a special task force led by Senator Philip Pope. This committee met with the Registrar, Mr. Kim West, on a few occasions. The situations that follow were gathered from reports by this group.

These issues deal with both the Registrar's Office and the Office of Financial Aid; so for the sake of brevity, these two offices will be collectively referred to as the Offices.

The main issue that hinders the communication between the Offices and the students is the ill-proportioned ratio of employees to students.

There are three Financial Aid caseworkers for approximately 6700 students.

Overall among the Offices, there is an estimated 10 employees to serve the same 6700 students.

Some suggested solutions, which are being considered for implementation, are either hiring more employees or cross training employees so that they are able to answer questions on more than just a few specific areas.

For the Spring 2004 semester, the Offices are bringing in prior employees to help out with the rush. By using employees who have been in the situation before, the Offices should alleviate some of the concerns of last semester.

The SGA has also been made aware of the fact that individuals who are responsible for quick assistance located in the central lobby of Victor Hall are unable to help students with more than just showing them how to use the computers.

This minor assistance is infrequently provided since

the area is seldom staffed.

The previous suggestions being considered should also help to improve this situation.

Cross training and internal improvements of the Offices themselves should solve the problem of a student receiving contradicting information when speaking with different people about the same issue.

To start these internal improvements, Armstrong is bringing in an outside group to evaluate and improve the productivity of the Offices.

Email correspondence is another issue that deems mention. Students are missing standard appointments due to the fact that the need of the appointment is emailed to the students via their school email accounts. Many students do not use their school account as their primary account. So they miss these important notices.

continued on page 3

Important Dates for Spring 2004

January 6	First Day of Classes
January 6 - 8	Late Advisement & Registration
January 8	Last Day of Drop/Add Period
January 10	First Day of Saturday Classes

Armstrong student and reigning Miss Savannah charged with murder

Chris Lancia
Editor

The reigning Miss Savannah, Sharron Nicole Redmond, has been charged with murder in the shooting death of her boyfriend, Kevin Shorter.

Redmond was enrolled at Armstrong, where she was pursuing her Masters in Education. Since her graduation from Spelman College, where she completed a double major in English and pre-medicine in only three years, she has been employed as a teacher



at Beach High School.

Following a confrontation on December 16, Redmond allegedly shot Shorter in the stomach in self-defense.

Shorter died December 19 at Memorial Health University Medical Center in Savannah, where he had been listed in critical condition.

Redmond was initially charged with aggravated assault, but the charges were upgraded to murder after Shorter died.

The Savannah-Chatham County police are pursuing the case as a homicide.

"We have a victim that was shot and the person who fired the shot," stated police

spokesman Sergeant Mike Wilson.

Redmond's attorney, Michael Schiavone, contends that she fired in self-defense.

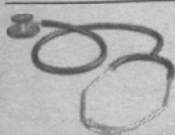
"[Shorter] came to where she was and confronted her. He physically and aggressively came at her," said Schiavone. "She felt compelled to defend herself."

Following the death of Shorter, Redmond turned herself in to police on December 20. She has since been released on \$25,000 bond.

According to Tim Strickland, co-chairman of the Miss Sa-

vannah pageant, Redmond will not lose her crown unless she is convicted of the crime.

On December 29, Chatham County Superior Court Judge John E. Morse, Jr., issued a gag order on everyone involved in the case, barring them from speaking with members of the media. This was done to keep from tainting the jury pool, which will be drawn from within Chatham County. A trial date has not been set.



HEALTH: It's Good to Know
• Page 6

CALENDAR: Get the latest info on what's happening at Armstrong • Page 12



SPORTS: Lady Pirates, Pirates in action • Page 7

TOP



TOP 10 • Page 2



HOROSCOPES: • Page 8

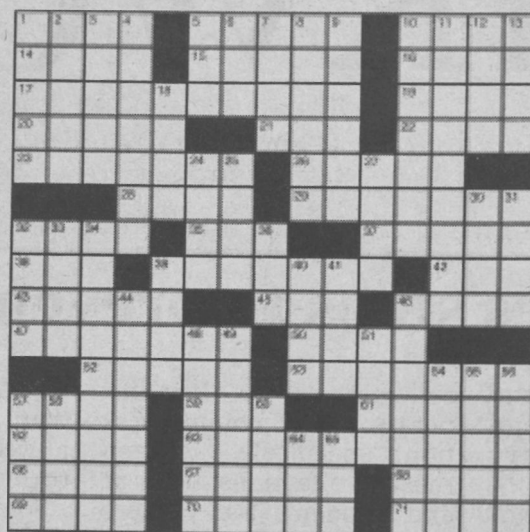
CROSSWORD PUZZLE

FIRST PERSON TO BRING A COMPLETED (AND CORRECT) PUZZLE TO THE INKWELL OFFICE WILL RECEIVE A \$5 CREDIT TO THE ARMSTRONG CAFETERIA

ACROSS

1. Denuded
5. Lovable cigar brand?
10. Falls back
14. Arabian port
15. Highway to Fairbanks
16. Shine brightly
17. Marginal
19. Wife of 46D
20. Rumbling with rumors
21. Morse unit
22. Crooner Bennett
23. Pampas homemakers
26. Bestow upon
28. Brad or spike
29. Flier's backup
32. Be in accord
35. Buck lover
37. Steeple top
38. Jug handle
39. Direct route
42. Bobbsey twin
43. Conemtpuous smile
45. G-man employer
46. Penny
47. Empress of the past
50. Foot twelfth
52. Sample recordings
53. Top angels
57. Baby shower gift
59. Chute-__-chute
61. Time for a shower?

62. Habeas corpus, e.g.
63. Ultimate cost
66. Clearasil's target
67. Tell's missile
68. Frosted
69. Rid oneself of
70. Tractor maker
71. Monster's loch



54. Cost
55. Dancer Gregory
56. Racers on runners
57. "___ brillig..."
58. Foot feature
60. To be in tours
64. High crag
65. part of IOU

DOWN

1. Rum cakes
2. Clay-and-straw brick
3. Second airing
4. Receiver's goal
5. Black goo
6. Mansion wing
7. Kind of rain
8. Raving lunatic
9. Left jab, right cross
10. Vanity voyage
11. Pedigree
12. Beethoven's birthplace
13. Rock from side to side
18. Pound of poetry
24. Assistant
25. Gin cocktail flavoring
27. Basilica sections
30. Setting of Camus' "The Plague"
31. Camp shelter
32. Witty remark
33. Fleming and McKellen
34. Depression Era queue
36. Reinderr tender?
39. Fedora feature
40. Nile bird
41. Five after four
44. Put up
46. Old-time comic Charlie
48. So-so
49. On land
51. Stuff

TOP

New Year's Resolutions
Courtesy of Inkwell

10. No more parties in the middle of the week.
9. Stop calling people from up North "Yankees."
8. Finding out where the Writing Center is and what they can help me with.
7. Spending time in the library for something besides taking a nap between classes.
6. Reading my Math book instead of using it as a door stop.
5. Performing research by using journals instead of the internet.
4. Realize that professors put limits on missed classes for a reason.
3. Stop complaining when I register for classes on the last day and can only get underwater basket weaving to fit my schedule.
2. Realize that after failing calculus five times that the sixth should be the last time.
1. Turn in my FAFSA on time!

It breathes in deep, watching what this world creates.
It learns what we can only imagine and knows what we could
only wish to discover.
This one being of life wraps its arms around us all the days of
our lives...holding us in that loving embrace...kissing our lives
with life and with sublime ignorance.
You look up, vaguely intrigued by what you see... quietly
wondering to yourself "what is it really?".
What is going on in that celestial palace known as the sky and
the heavens?
And once again it wraps its arms around you...keeping you in
your bed, warm and content with your little knowledge of this
world and of others...quieting the wish to learn and the
questioning nature so true to so little of us.

-Luciana Carneiro

Rico's word for the week - dread- (v)to fear greatly; (n)terror or apprehension

As the new semester looms over us, Rico is facing a wave of dread as the new classes approach. It's odd how short the holiday break was, and the joys of being free of class assignments have quickly been replaced with apprehension as I await a new round of assignments and, perhaps, a new round of incredibly hard work. I dread getting up each day to go to class. I dread the endless search for a parking space in the morning. I dread the necessity of an evening class. I dread the looming assignments as I wait until the last minute to complete them. I dread paying way too much for a meal at the cafeteria. Perhaps most of all, I dread the daily grind that takes away from my time spent at the clubs at night. Or maybe it would be more accurate to say I dread the morning after...

Until next time, Rico

Financial Aid

continued from page 1

Once the student is made aware of the situation, he/she is told to make another appointment. Then the problem is escalated by time. There are steps that can be taken on both sides to resolve this situation.

Students may forward their emails from their school account to their primary account, and the administration could use the students' primary addresses, which could be provided through SHIP.

Another concern brought to the attention of the SGA about registration is the lack of prioritization of cases. Students who need to simply sign a form are sometimes forced to stand behind a student with a complex, time consuming issue. When addressing this issue with the head of Financial Aid, Ms. Leigh Ann Kirkland, she remarked, "If students have concerns that may take a while to resolve, they need to make an appointment."

The previously mentioned statements concerning ap-

pointments show the trouble with this argument.

If a system of prioritization were implemented, perhaps the individual at the quick assistance counter could handle the responsibility of dealing with "quick" situations.

The SGA has uncovered other concerns outside the realm of communication. Such concerns are based in Financial Aid and privacy issues.

Although these concerns are valid and pertinent, until the communication is cleared up, other improvements will go unnoticed.

It is sad that a university with so many great tools of communication is unable to build a sturdy bridge to traverse the communication gap between the students and administration.

Need Health insurance but think you can't afford it? Stop by Student Affairs and find out about the Student Accident & Sickness Insurance Plan! You can get insured for as little as \$317 a year!

Quick Armstrong News

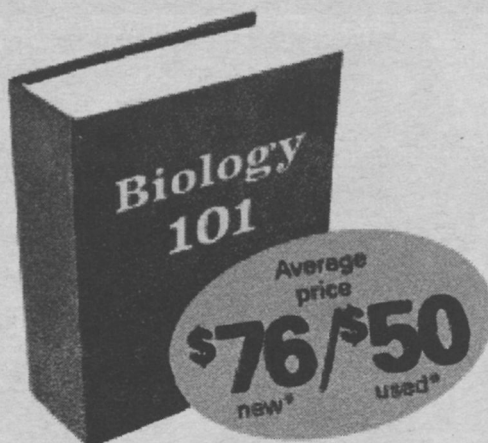
• Tired of coming back to your car only to find one of those little yellow parking tickets on it? Then remember the following guidelines:

- Blue spaces are off limits to students at all times.
- Yellow (faculty) spaces are off limits to students between 7:00 am and 6:00 pm.
- Do not park along the curbs in any of the parking lots.
- Overflow parking is located behind Compass Point. From the main parking lot (by the athletic center), you can see the signs to the overflow lot.
- Get here early! Don't plan on arriving on campus 10 minutes before your first class. Save yourself a headache, and the cost of a ticket, by arriving early enough to get a spot and avoid the stress a parking ticket creates.

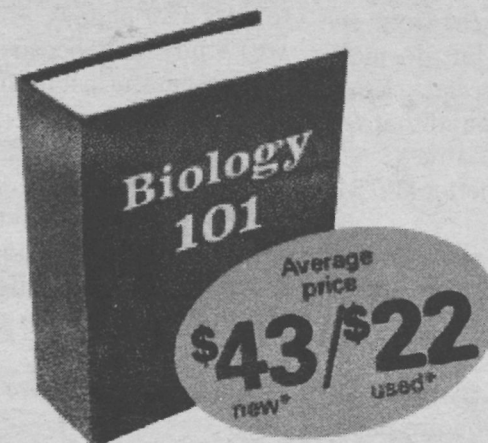
• The Office of Financial Aid has set up a bookstore credit for students receiving financial aid again this semester. The limit remains \$400, and is dependent on the amount of excess financial aid a student will receive.

• The 2004 edition of "Who's Who Among Students in American Universities and Colleges" will include the names of eleven students from Armstrong who have been selected as outstanding campus leaders. Students named this year from Armstrong are Emily Black Adams, Kyle Amlung, Keira Davenport, Pedus Eweama, Sean Robert Fretwell, Zsafia Golopencza, Erica Johnson, Kristen Paulk, Achim Roth, Roger Thiele, and Brent Watson. They join an elite group of students from more than 2,300 institutions of higher learning in all fifty states, the District of Columbia, and several foreign nations. Campus nominating committees and editors of the annual directory have included the names of these students based on their academic achievement, service to the community, leadership in extracurricular activities, and potential for continued success. To be eligible, students must graduate from institutions of higher learning by fall semester of 2004.

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Tell me about it... advice for all your problems



Tara Gergacs
Staff Writer

It's a New Year and a New You!

Happy New Year! It is a brand new year and that means New Year's Resolutions. Do you want better grades in school or do you want a new car? Well, I have plenty of tips to make everyone's new year a new adventure.

Do you want to have a better relationship with your family, friends, and significant other?

1) Spend more time with family than usual. Go to family parties and talk to them. Don't sit in the corner and whine about how much you hate little Johnny's birthday parties.

2) As for friends, if you have a friendship with someone you only talk to once a year, then it isn't worth having a friendship with that person anymore. There are more important people in your life that you see on a daily basis. Give the friends that are closer to you more attention.

3) That special someone in your life needs love and space. Don't see each other everyday, but do make the times together special. Learn more about each other and that will help you through tough times.

Do you want to look better and feel better this year?

1) Keep up with your personal grooming. Nobody wants to see nasty hair and color that does not even match your skin.

2) Don't be afraid to try new fashions, just make sure you are happy

with the way they bring out your personality.

3) According to doctors, students are supposed to get at least 8 hrs. of sleep every night.

4) It is hard to eat three meals a day, but it is true when they say breakfast is the best meal of the day. Try to keep your body functioning by eating three meals and snacking on healthy foods during the day.

5) We all love caffeine, but the truth is caffeine also slows our bodies down. Drink water! Doctors say we need to drink eight glasses of water a day to keep our bodies active and to get rid of waste. Cut down on coke and coffee!

6) So did all the holiday parties with lots of cookies give you a big tummy? Armstrong has a gym and it is open to students. Doctors say we need to exercise at least 1 hr every day. Here are some tips: Since there is no parking at Armstrong, you can run to class or you can speed walk. In between classes, you can go to the gym and lift some weights and then you can run to your next class on the other side of campus. If you don't like these ideas you can also join a sports team or try yoga!

Do you want to succeed in school and work?

1) Get to class on time and try not to miss a lot of days.

2) Study daily because cramming for a test at the last minute probably won't earn you an A.

3) Study with a friend because two minds are better than one.

4) As for work, be on time and listen to your boss. I know that some bosses are crazy and mean, but they are there to help you get better at your work.

Do you want more money this year?

1) If you have a savings account, then put 10% from each pay check into that account. After awhile that little bit of money will build up.

2) Credit cards are good only if you know how to use them properly. Always pay off the card that has the highest APR, which are usually store cards. If you don't have a credit card, then you need to get one eventually so you can start building credit.

3) Always keep track of your money and try not to spend it foolishly.

Do you want to do the impossible?

1) If you want to join a club or act in a play-do it! There is no harm in trying out for something that you love to do. And when you get what you want you will feel great!

2) Travel-if you can do study abroad, then go. Traveling is good because it gets us away

from our everyday responsibilities and helps us have fun. You can learn about the world that we read in text books, but this time you can be standing there taking pictures!

I hope this advice helps everyone. Have a great new year!

Do you want to join a National Sorority?

I'm in the process of bringing a Chapter of a National Sorority here to AASU and this is your chance to be one of the founding members!

* If you are *
* interested in *
* joining a *
* Sorority *
* please call or *
* email me! *

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Fashion Conscious...with Phillip and Karen



Phillip Pope
Staff Writer

Getting over the Holi-Breaks!

I trust that each and every one of you utilized your time wisely over the holi-breaks. To be politically correct, I combined two key terms: holidays and breaks to make the coined term, holi-break.

If you and your family didn't celebrate Christmas, I hope you got loads of rest and tons of money in that bank account from all of the extra hours you received at work!

However, if you were like me, you worked entirely too much and now you are sitting in class reading this article wondering where the break went. Personally, I did nothing I planned to do!

Reality hit me like a ton of bricks and I snapped out of fantasy island and discovered that I was wearing the heinous sweater my aunt Edna sent me. I was so delirious to the point that all of the clothes I had were running together. In your case you are angry at the fact that your cash-

mere sweater is now sixty percent off and your holiday spirit is replaced with thoughts of you feeling cheated, mad, bamboozled, worthless, hopeless... well you get the picture. So you just need to find a way to get even. How, you ask?

You get even by shopping more! Chances are, everything you purchased before 12/25/03 is now sixty to eighty percent off of the twenty percent markdown redline price off the retail price! Basically, the sweater I paid \$120.00 on 12/21/03 was \$19.50 on 12/30/03! Since I work in retail, I know that all retail companies have some kind of price adjustment policy printed on back of the receipt, thus I was recouped for all I was out! Now that you have extra money, it is very beneficial for you to hit the mall once again for all of the post-holiday specials. I am sure you have seen all of the commercials advertising specials on everything from DVD players to exercise bikes!

So TAKE ADVANTAGE of the sales. My top three picks for where you need to spend that dollar are: Banana Republic, Old Navy, and Gap!

They are clobbering the competition with all of their post holiday sales in the stores and online. Just the day after Christmas, Banana Republic had FOURTEEN pages of men's clearance merchandise that even I could afford. In the Gap store \$30.00 scarves were on sale for \$6.99! Thus saving you over seventy percent off the retail price! Keep style in mind when perusing the sale racks, because some things are on sale for a reason! Happy Shopping!



Karen Daiss
Staff Writer

5 ways to update your jeans!

Male, female, young and old... most college students live in jeans. Here are a few tips to update your old favorites and take them from the classroom, out on the town, and beyond.

1. To transform an outdated pair of jeans, cut small slits into one or both knees and upper thigh area for a stylish rocker look.

Guys: try hanging a few chains from the belt loops for extra style.

Girls: clip a strand of pearls (faux pearls are cheap and super trendy) to your belt loops for that chic rock look.

2. To create a well-worn sandblasted look, try rubbing sandpaper down the front and back legs of your old jeans (stopping just below the knee).

For dark denim, lightly scrape a cheese grater in a sideways motion at the corners of pockets (front

and back) and at the hem for a distressed appearance.

3. Follow the monogram craze and customize your favorite pair of jeans by gluing rhinestones or an embroidered patch onto the back pocket.

4. Opt for a colorful ribbon around the waist instead of the traditional belt. Tie the ribbon in a cute bow at the front, or layer colors and tie in a knot at your hip letting the ends hang down.

5. Break out the bedazzler (or fabric glue) and dress up your denim by placing rhinestones around the waistband. Mix up the colors or create your own designs for a stylish built in belt.

Got a fashion question that you want answered? Need some advice on what to do with your wardrobe? Just need another opinion on how to accessorize that old outfit you've got laying around? Email us at inkwell1@mail.armstrong.edu, and put in 'Fashion Question' as the subject. We'll make sure that Phillip and Karen get your question, and you can check back here each week for the answers!



Theta Xi Alpha Recipe of the Week: Pirate Chili

Directions:

1. Brown the ground beef in a skillet over medium heat; drain fat. Using a fork, break the beef into small pieces.
2. In a large pot, combine the beef with all the remaining ingredients.
3. Bring to a boil, then reduce to a simmer over low heat.
4. Cook over low heat, stirring frequently (at least every 15 minutes), for 2 to 3 hours.

Makes 8 servings.

You will need:

- 2 lb. ground beef (or ground turkey)
- 12-oz. can of tomato paste
- 2 29-oz. cans of tomato sauce
- 29-oz. can of kidney beans, with liquid
- 2 oz. of hot sauce (use your favorite)
- 2 teaspoons of salt
- 2 cups of water
- 1/2 cup of diced green chiles
- 1/4 cup of diced celery (one stalk)
- 3 medium tomatoes, chopped
- 2 tablespoons of chili powder
- 29-oz. can of pinto beans, with liquid
- 1 cup diced onion (1 medium onion)
- 1-1/2 teaspoons of black pepper

It's Good to Know: Antidepressants-Are they for you?

Kasey Ray
Staff Writer



In this week's health column, I decided to write about antidepressants, mostly because no one really likes to talk about it, and because 10-25% of all women will suffer from major depression at one point in their lives.

As I was doing research for the column, I came across some interesting statistics about antidepressants:

1. The most obvious fact is that women are twice as likely to suffer from depression as men.

2. These are some factors that increase the risk of depression in women.

- Loss of a parent before age 10
- Physical or sexual abuse as a child
- Family history of mood disorders
- Use of certain oral contraceptives
- Ongoing psychological and social stress (e.g. loss of job, relationship stress, separation, or divorce)

3. Antidepressants are effective when used as therapy for PMS, PPMD, post-partum depression, herniated disks, different types of anxiety disorders, obsessive-compulsive disorder, neck pain, chronic pelvic pain, hot flashes, sleep apnea, suicide, bulimia, and even compulsive shopping disorder.

4. Most of the popular an-

tidepressants directly affect the patient's serotonin levels. Since sunlight naturally regulates these levels, the lack of sunlight exposure is a major cause of seasonal depression.

The stigma attached to people taking antidepressants is a major contributor to depression being left untreated.

College students have their own unique set of factors that contribute to, and are symptoms of, depression. Some of the factors are stress, anxiety, eating disorders, job stress, alcohol and drug abuse, and relationship problems.

Okay, so if you are still not convinced that antidepressants are the way to go, here are some natural ways that you can deal with life's stresses and changes.

1. Better planning of your time.

Make time every day to

prioritize your work. Prioritizing can help you realize what you must do, and a sense that you can do it. Making a list is a great way of monitoring your daily tasks. Be sure to plan some time for yourself.

2. Plan your work and sleep schedules.

Many of us procrastinate doing important class work until late at night, work through much of the night, and start each new day exhausted. Constant fatigue can be a critical trigger for depression. Seven or eight hours of sleep each night is what we all need for optimal health.

3. Join an extracurricular activity.

Sports, theatre, Greek life, the student newspaper - whatever interests you - can bring opportunities to meet people interested in the same things you are, and it provides a welcome change

from class work.

Someone recommended this to me, and it has really reduced my stress level (most of the time).

4. Make a friend.

Sometimes this may be a roommate or someone you meet in class. Friendships can help make a strange place feel more friendly and comfortable.

5. Try relaxation methods.

These include meditation, deep breathing, warm baths, long walks, exercise? whatever you enjoy that lessens your feelings of stress or discomfort. My personal methods are Pilates, painting, and yoga.

I hope these facts and tips help you discover if antidepressants are for you. At the start of this new semester, depression is a big roadblock in the road to success. If needed, your doctor can give you more information.

feel better in 2004

Memorial Health University Medical Center and Armstrong Atlantic State University
presents

Student Health Week @ the Student Health Clinic

January 12-16, 2004 from 10:00 am to 2:00 pm each day

Monday

Health Week Kick-Off

See the line-up for the week! Free snacks, giveaways, and just simply a lot of fun!

Tuesday

Overwhelmed yet?

You can help avoid feeling that way - start the year off healthier - learn about the importance of mental and physical health in maintaining a strong mind and a strong body.

Special thanks to the Chopra Center at MHUMC and the AASU Department of Physical Therapy

Wednesday

Where's the love?

Everything you wanted to know but were afraid to ask. Learn about how to prevent Sexually Transmitted Diseases (STD), how-to's of safe sex, the importance of yearly pap smears, and much more

Special thanks to Women's Services at MHUMC and the AASU Department of Health Sciences

Thursday

Smile and your heart smiles with you!

It happens to one in every three Georgians. Learn the risk factors and learn the lifestyle changes for a healthy heart. Sign up to have your teeth cleaned - a healthy smile helps a heart stay healthy.

Feeling Pressured?

How to help your heart avoid the pressure - learn the risk factors and lifestyle changes for a healthy, non-pressured heart. Blood pressure checks will be available.

Special thanks to Stroke One and the Heart and Vascular Institute at MHUMC as well as the AASU Department of Nursing, Dental Hygiene, and Health Sciences

Friday

Arm yourself

Who likes to get a shot? No one, but they could save your life - come and hear about the importance of vaccines and other methods of protecting oneself against diseases, viruses, such as meningitis, mononucleosis, and others. And learn some basics for traveling abroad - vaccines, what foods to eat, what to drink.

Are you prepared? What would you do in case of a disaster? Specialists will be on hand to answer questions and to let you know what you can do.

Special thanks to the Center for Infectious Diseases at MHUMC, the CDC's Strategic National Stockpile, the AASU Department of Health Sciences and the Respiratory Therapy Department

Lady Pirates run away with victory over #7 Shaw

Chad Jackson
Special to The Inkwell

The Armstrong women's basketball team won its seventh straight game, defeating No. 7-ranked Shaw, 71-62, on Friday evening at Alumni Arena.

Shaw is the highest-ranked opponent the Lady Pirates have beaten in women's basketball in the Peach Belt Conference era.

The Lady Pirates (9-2) used a suffocating defense to force 17 first-half turnovers by the Lady Bears (8-2) and take a three-point lead into halftime, 34-31.

After intermission, Shaw would cut the lead to two points on several occasions, the last time coming with 4:29 remaining on a two-pointer by India Lopez, but the Lady Pirates would go on a 12-4 run, punctuated by a Vandy Noldon three-pointer with 44 seconds left, to come away with the victory.

Noldon hit 8-of-14 shots from the floor, including 4-of-6 three-pointers, to register a game-high 21 points for the Lady Pirates. The senior has now hit 15 of her last 25 threes (60 percent) over her last six games.

Senior Tasha Washington scored 17 points as well for Armstrong, while freshman Kaneetha Gordon picked up her second double-double with 12 points and 12 rebounds.

Shaw placed a trio of players in double figures, led by Kiarsha Curtis' 17 points and Latasha Shipman's double-double of 16 points and 10 rebounds.

The Lady Pirates open up Peach Belt Conference play on Wednesday, January 7, as they visit No. 25-ranked GC&SU at 5:30 p.m.

Pirates finish out Christmas Classic with a win

Chad Jackson
Special to The Inkwell

Armstrong and Eckerd College picked up victories in the final day of the 2003 AASU Men's Basketball Christmas Classic on December 20 at Alumni Arena.

AASU downed Lenoir-Rhyne, 56-48, while Eckerd defeated UNC Pembroke, 77-64.

The homestanding Pirates (9-2) found themselves trailing the Bears (6-4) 23-17 at halftime as Lenoir-Rhyne used its size to out-rebound the Pirates, 26-16, in the first half.

After intermission, however, the Pirates scored the first eight points to take the lead and set the stage for a back-and-forth struggle down the stretch. Six ties

and five lead changes left the score tied, 44-44, with 4:46 left in the contest.

A wide-open three-pointer by senior Daryl Williams put the Pirates back on top, 47-44, with 3:53 left, and the AASU defense didn't allow a basket by the Bears until Rashad Price's hit a layup with 12 seconds remaining.

LRC went 1-for-9 from the floor in the final four minutes of the contest.

Williams led all players with 22 points on 8-of-16 shooting from the floor, including 3-of-3 from three-point range. Senior Tim Black added 14 points and eight rebounds for AASU, while Lenoir-Rhyne was led by Price's 13 points, Roman Davis' 12 points and 10 points and 16 rebounds from Ryan Pitts.

In the day's first game, Eckerd (6-4) outlasted a

game UNC Pembroke (1-10) squad for the 13-point victory. On a day in which the normally-sharp three-point shooting of the Tritons was off (3-of-21), it was the inside game of Marcus Bryant that led the way.

Bryant hit 9-of-12 shots from the floor and 7-of-11 shots from the free throw line for a game-high 25 points. Sharrod McCree chipped in 12 points for the Tritons, while UNC Pembroke placed three players in double figures, led by Travis Wallace and Damien Goodman, who each scored 17 points apiece.

The Pirates break for the Christmas holidays and return to action on Saturday, January 3, for an exhibition game against the AASU Alumni.

Who's in the box?



- Name: Andrew Suggs
- Birthdate: August 2, 1982
- Hometown: Fayetteville, GA
- Ht & Wt: 5'10" & 148
- Year: Senior
- Major: Physical Education
- Sport: Golf
- In my CD player: Dave Matthews Band, Chingy, Ludacris
- I'm reading: school textbooks
- Fav subject: History
- Fav color: blue
- Fav ice cream: chocolate
- Fav movie: Top Gun, Super Troopers
- Must see TV: That 70's Show
- Fav website: don't have one
- I want to be: successful



SPRING 2004
"SHOOTERS CLUB"
DATE: 8:00 SESSIONS
JANUARY 11, 18, 25
FEBRUARY 1, 8
TIME: 1:30-4:00 PM
AASU SPORTS CENTER
AGES: 6-16 BOYS & GIRLS
COST: \$5.00/TIME
FOR ALL SESSIONS

Armstrong Men's Basketball Coach Jeff Burkhamer and his coaching staff invite you to be a part of an exciting new basketball program at Armstrong this year. The Shooter's Club is designed to teach young players the fundamentals of shooting the basketball. For more information, contact Coach Burkhamer at 921.5683.

APPLICATION FORM

NAME: _____

ADDRESS: _____

PHONE: _____ AGE: _____

SCHOOL: _____ GRADE: _____

E-MAIL ADDRESS: _____

MALE

FEMALE

I want to be a PLAYER!! Please sign me up for the following workout sessions:

"BALLHANDLING TEAM"

"SHOOTERS CLUB"

BOTH

Checks payable to: Jeff Burkhamer QUESTION? CALL 921.5683
Return to: Recreational Office, AASU, 11925 Alumni Street, Savannah, GA 31419

"SHOOTERS CLUB"

Coach Burkhamer and his staff, along with Pirate players, will demonstrate and teach all the fundamentals of shooting the basketball. Individual workouts along with group work will enable each player to improve their ability to shoot the ball. A combination of shooting drills and shooting games, footwork, and individual offensive moves will be covered during these intense workout sessions.

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A taste of New York in Savannah
& Bread Bakery

Boar's Head Brand deli meats & cheeses
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Show your ID card. Save money. Simple.

Discounts apply to all AASU students, faculty & staff.

7805 Abercorn Street (Chatham Plaza) Savannah, GA / (912) 355-8717



sm1522@students.armstrong.edu

Hittin' the High Notes

Sasha McBrayer
Assistant Editor

The King and The Mountain:

Two of the greatest fantasy and sci-fi trilogies of our time ended last year. "The Matrix" seemed perfect until that final chapter threw us all for a loop. What WAS that? But those that know me have probably had enough of my Matrix rambling. Let's talk about the king.

"The Return of the King"



HOROSCOPES: By Madame Noir

Aries (mar 21 - apr 19):

Don't get bogged down by imagining that this new semester is going to be more stressful than it really is. Control your own point of view. See this as the start of a new adventure and it will become such.



Libra (sept 23 - oct 23):

Libra, you've let come negative things accumulate in your life and now you have no choice but to address each problem, one by one. You're feeling pressure, but don't read too much into any one issue. Do what you have to do. Make a list if necessary. Before you know it, you'll have time to enjoy life again.



Taurus (apr 20 - may 20):

This may be your first semester at college, Taurus, or just your first time at a new university. You're going to come in contact with a lot of people who differ greatly from you. Different races, different religions, and different ideas are not wrong or threatening. Allow yourself to learn from these new people, rather than clashing with them.



Scorpio (oct 24 - nov 21):

Money can be a problem for everybody, especially college age students.

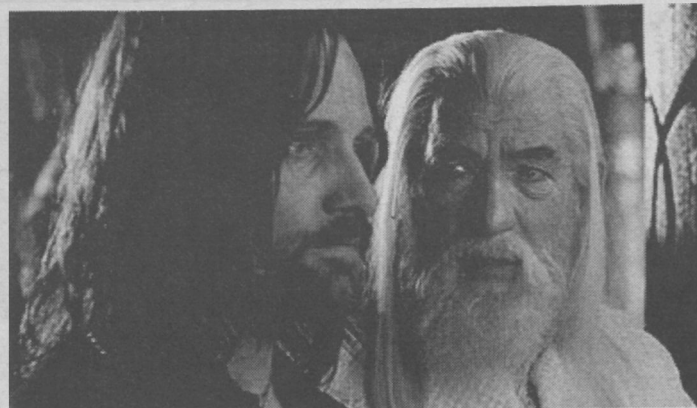


Photo © Copyright New Line Cinema

marked the last three-hour expedition into theatres all in the name of Frodo and a little gold ring. Fantasy fans were accustomed to standing in line before. They did it for "Star Wars: Episode One". Some did it for "X-Men," but the "Lord of the Rings" films were worthy of hours in lines, advanced tickets sales, and sold out midnight showings the night before the release date. Yet, the remarkable thing is after it all ended, the majority proclaim, it was all

worth it.

"The Return of the King" is up for the Best Picture Oscar as well as Best Director for Peter Jackson. For those who haven't seen it yet, I assure you it is a good film, through and through. All of your favorite characters return, but each also steps up to the call of duty and meets his or her destiny. You only love each one more and are also introduced to all new characters that play their roles as the final war for Middle Earth

some inventory of your own health. Armstrong has a gym. It may be time to start making some visits.



Leo (July 23 - aug 22):

Leo, you are naturally a social creature, but personal stress has prevented you from going out with your friends. Cut it out! Don't abandon your support system. Don't ignore the people who can make you feel better. Get yourself out of the house this weekend.

Aquarius (Jan 20 - feb 18):

The dating scene can be complicated. Aquarius, if you feel you've been meeting the wrong people in your social circles, maybe you're looking in the wrong circles. Quit complaining and take some action.



Virgo (aug 23 - sept 22):

Last month you may have felt like some friends abandoned you, Virgo. This was most likely not the case. People get busy sometimes and you should not cut off the lines of communication now. You're friends care about you. Give them another chance.



Pisces (feb 19 - mar 20):

Last year was very complicated for you, Pisces. You alone can change this. It is time to simplify in all areas of your life. The change will affect you positively in the realms of mind, body, and spirit.



Inkwell's CDs of the Week:

1. Alicia Keys: The Diary of Alicia Keys
2. Ruben Studdard: Soulful
3. Josh Groban: Closer
4. No Doubt: The Singles
5. Toby Keith: Shock'n Ya'll

Sasha's Picks: Three Days Grace and Smile Empty Soul (both self titled)

Movies of the Week:

1. LotR: Return of the King
2. Cheaper By the Dozen
3. Cold Mountain
4. Mona Lisa Smile
5. The Last Samurai

Sasha's Pick: Cold Mountain

rages. I dub the movie King of all finales. After all, Matrix 3 disappointed, "Terminator 3" was anti-climactic, and, say, where IS episode three of "Star Wars?"

Worry not, there's more to be excited about. "Spider-Man 2" will be out in February. Fans will see Doctor Octopus in the flesh for the first time ever. The actors have also signed on to do a third. The X-Men films recovered from their slump with a powerful part 2 and rumors have it that we'll see 5, not 3 of those.

As much as I love fantasy and comic books, I had the great honor to see "Cold Mountain" over the break, and I was simply blown away. This great movie will take its place among the greatest American films of all time. I feel it is absolutely the best movie of last year and deserves the Oscar for best picture.

In this dramatic, romantic, action epic Jude Law is a simple, quiet country man who goes off to fight the Civil War for the South just as he meets the love of his life played by Nicole Kidman. The pair only shares one kiss before he leaves, but it is enough to keep him loyal and longing for nearly three years.

Finally he can bare the bombs and blood no more

and heeds his love's begging for him to come home. Both people go through intolerable hardships praying for the day they will see each other again.

Every actor in this masterpiece is worthy of an Oscar, no matter how brief his or her appearances. Giovanni Ribisi ("Basic," "Boiler Room") shines. Jena Malone ("Step mom," "Contact") will haunt you. She isn't a little kid anymore, and neither is Natalie Portman ("The Professional," "Episode One"), who churns out possibly the most powerful performance of her young life. Though none stirs her audience more than Rene Zellweger. They failed to give her the Oscar last year for her performance in "Chicago". If she doesn't get it this March for "Cold Mountain," then I swear to you she's been robbed.

As for why the film deserves Best Picture, watch the first five minutes and tell me if you have ever seen war filmed this way before. You probably haven't. Not in "Braveheart." Not in "The Last Samurai" (which I also loved). Not in the "Gangs of New York". Not even in "Glory."

See this film. Love this film. I've always said novels make the best movies.



Photo © Copyright Miramax Films

Music News:

LOCAL:

"Curbside" Entertainment

Melissa Redding
Staff Writer

It is a wonderful experience to be lucky enough to see brilliant "raw" talent all around town. A few weeks ago I listened to a local band that was amazing. Curbside, made up of three Armstrong students, is making their rounds around town and allowing the public to experience their own love for music. Curbside was created by Ryan Nuttal, Joel Baumgartner, and Liam Wilkins. Self-taught musicians and singers, Ryan plays guitar and sings, Joel plays the bongos, and Liam is the lead singer.

Living in Savannah for most of their lives and being close friends since high school, their laid back attitude makes them an easy listening group. Liam is originally from Salisbury, England and graduated from B.C.. Joel is from Savannah and graduated from Johnson High School. Ryan is originally from Augusta, Georgia and graduated from Johnson also. Joel, 22, has been attending Armstrong for five years and is a psychology major. Ryan, 23, and Liam, 21, are completing their first years in college.

Curbside plays hits that range from Peter Gabriel and Ben Harper to John Mayer and Dave Matthews. The band also has written

their own lyrics and music and receives numerous requests for their original music. Judging by the crowd's enthusiastic request for the original, "when We Make Love," it will soon be a local hit and a necessary element to their performances. Another favorite of the crowd was their original song,

Curbside plays at Tubby's in Thunderbolt, spanky's on Riverstreet, The Oyster Bar on Wilmington Island, the Islander on Wilmington Island, and also Williams Seafood, also on Wilmington Island.

When asked why they call themselves Curbside, Joel responded, "That's how we made the band, just sitting on the curb, just the guys." Ryan



said that he would like to see the band go, "all the way," and Liam

"One Love." I found that after listening to the entire show, I was also quite fond of their song, "when We Make Love," and I noticed a lot of familiar Armstrong faces in the crowd listening to the band.

The band juggles many hours of practicing, work, and school and are even working on recording a CD that will contain their own music and a few of the covers they perform.

agreed by saying, "With our determination, we should reach whatever goals we set." I hope that success comes as easily to them as naming the band did. I recommend all Armstrong students go listen to Curbside at one of the many Savannah bars and restaurants in which they play. It was truly a great listening and dancing experience.



Song of the Week:

Sasha McBrayer
Assistant Editor

"I Hate Everything About You": Three Days Grace

A few lines: "Everytime we lie awake/ After every hit we take/ Every feeling that I get/ But I still haven't missed you yet"

Chorus: "I hate everything about you, why do I love you"



Thoughts: I first heard this killer, pain-filled, beauty of an alternative track on 106.1 while driving to the dentist. When the chorus lodged itself into my head and my heart, the rather rough cleaning went by much more easily. I've since purchased the CD as a Christmas present to myself and there isn't a single song I don't like.

Bandmates Adam, Neil, and Brad divine raw, poetic lyrics, honest, darkly angelic vocals, and melodic, unique lead guitar melodies.

Rockers that like Three Days Grace also like: Smile Empty Soul, Evanescence, and Chevelle

What's your favorite song this week? Send a breakdown like this one to sm1522@students.armstrong.edu

GLOBAL:

Some Devil, No Hits

Sasha McBrayer
Assistant Editor

Dave Matthews has been king of the hit music charts for a long time now. That is precisely why it has seemed so odd to see him coming out with a brand new CD and a sort of suspicious, cruel silence enveloping the project, called "Some Devil". Is it any good? Why haven't we heard it played (or played out) on the radio yet? Did he really venture forth solo this go-round?

Even Amazon.com, the handy search engine and Internet buying center, did not have playable audio samples of the new CD until just last month. Research into the matter uncovered a few surprises.

First, this is not a solo album per say. While all of the people in the traditional Dave Matthews Band aren't present, leading to the change in artist title, Matthews was far from alone. The tracks boast a whole circus of collaborations.



Secondly, the core reason why his new songs aren't wildly popular yet, is because the entire album is distinctly mellow, slow paced, and ballad-like. The acoustic version of "Satellite" would fit perfectly on this CD, in fact. It seems, hard-core fans were absolutely turned off.

While the situation is sad, I, for one, would not count Matthews out yet. I believe a few of the songs will attract people in time, and even if they do not, it shouldn't be long until yet another new CD brings the fans back.

Ballad lovers that bought "Some Devil" also bought: "Sacred Love" by Sting, "Life for Rent" by Dido, and "Afterglow" by Sarah McLachlan.

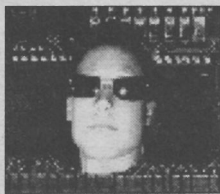
Fine Arts Calendar:

January 12-February 6: The AASU Department of Art, Music & Theatre presents an art faculty exhibition in the AASU Fine Arts Gallery. Gallery hours are 9 a.m. to 5 p.m., weekdays. Admission is free. Call 927.5381 from 11 a.m. to 3 p.m. weekdays, for information.

January 15: The AASU Department of Art, Music & Theatre presents Randall Reese, saxophone, in a faculty jazz quartet recital at 7:30 p.m. in the AASU Fine Arts Auditorium. Also appearing on the program are legendary musician Bob Alberti, Savannah's own Ben Tucker, and AASU's Stephen Primatic. Call 927.5381 from 11 a.m. to 3 p.m. weekdays, for ticketing information.

January 22: The AASU Department of Art, Music & Theatre presents Michael Nestor, bassoon; in graduation recital at 2:30 p.m. in the Fine Arts Auditorium. Admission is free. Call 927.5381 from 11 a.m. to 3 p.m. weekdays, for information.

Mega-This & Giga-That: Technological Insights



Dean Miller
Staff Writer

Hey ya'll, Dean here again this week's tech column.

For this weeks column I have chosen to write about my second all time favorite website in the world. It is www.Homestarrunner.com. Now for all you homestar

fans that are already out there, and you know who you are TROGDOR!!!

You already know that this is a great website full of fun for the whole family.

Homestarrunner.com is a website that uses playful made up characters to star in fun short films that are comedic, and often action packed.

However, most people enjoy the e-mails, where

he provides fun and helpful tips to people who have questions on their mind. The Strong Bad e-mails are definitely the star of the show.

There are many other fun things to do though. You can download interactive games, one even featuring the great Trogdor, and movies featuring the cast and all of their exciting adventures.

So if you are looking for a good laugh, and a silly fun time, then Homestarrunner.com is the website for you. Stop by and check it out sometime.

All right, well, that is my e-mail pick of the week. I hope ya'll enjoyed it.

Remember to send any tech questions to Lordmill5@aol.com. Be sure to address them to Tech Question or else I will simply

delete it.

Also, if you have anything new in the world of technology, that would be great too. Be sure to name it Technology Breakthrough.

I will delete anything I don't recognize so be sure to head them correctly.

All right I will catch ya'll on the flip-flop. This is Andrew D Money Miller saying later gator.

The Inkwell is hiring a new staff member, and we'd like you to start work in the Spring semester. The position available is:

-Copy Editor

Responsibilities will include, but will not be limited to, the following:

- Editing of submissions for grammar and content
 - Working with contributors to help produce award-winning work
- As a member of the staff of The Inkwell, you'll be able to work on campus in a friendly environment that provides flexible work schedules. You'll be expected to work no more than 19 hours a week, and you'll gain valuable experience for your resume.

Requirements for the job are just that you are enrolled as a full-time student for the Spring 2004 semester and that you have the drive and determination to help the rest of the staff as we continue our drive towards being the best weekly collegiate newspaper in Georgia.

To apply, stop by the Student Activities office, located in the lobby of the Memorial College Center.

Title: Program Assistant
Salary: \$600 per month
Hours: 19 hours per week

Duties:

- Provide technical set up/ break down of Student Activities campus programs to include lights, sound, staging, and other equipment
- Assist in securing venues and personnel to assist with various programs
- Provide program supervision in the absence of the Director/Assistant Director

- Assist with event promotions and department surveys

- Assist with all services offered by the Office of Student Activities (Student ID's, facility operations, mail and phone transfers, basic maintenance of equipment, etc.)
- Other duties as assigned

Requirements:

- Currently enrolled undergraduate student
 - Ability to lift at least 40 lbs.
 - Able to work some nights and weekends
 - Understanding of basic audio/visual equipment preferred
 - Computer/Desktop Publishing skills a plus
- Submit a letter of application outlining qualifications to in MCC 101 (Student Activities office, MCC Lobby) by December 12, 2003. For more information call 927-5300 or email Robin Jones at jonerobi@mail.armstrong.edu.

Go Greek!

Current Greek organizations include the following:

Fraternities:

Kappa Alpha Psi
Phi Beta Sigma

Service Fraternity:

Alpha Phi Omega

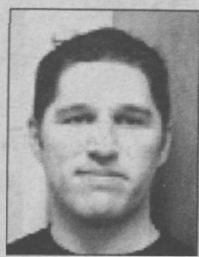
Sororities:

Alpha Kappa Alpha (organizing)
Delta Sigma Theta
Delta Zeta Xi
Theta Xi Alpha
Zeta Phi Beta (organizing)
National Sorority Interest Group

AASU is also in the process of bringing 2 National Panhellenic Conference sororities to our campus.

If you are interested in finding out more information on our AASU greeks or have questions, please contact Robin Jones in Student Activities at jonerobi@mail.armstrong.edu 927-5300 or MCC 101.

Are Atlanta-based institutions more deserving than the rest of the System?



Chris Lancia
Editor

A recent report that was presented to the University System of Georgia (System) Board of Regents (BOR) shows that the System is quickly running out of space on campuses around the state. The surprising outcome of this study is a possible recommendation for giving priority to constructing new space at Atlanta-based institutions, at the expense of the rest of the colleges and universities throughout the state.

Enrollment in the System has risen sharply over the past three years, soaring to the highest level in 71 years during the Fall semester of 2003, with a system-wide enrollment of more than 247,000 students.

The projected figures for 2020 are for enrollment numbers between 345,000 to 486,000 students. Those numbers show an increase of between 98,000 and 239,000 additional students. Since 2000, enrollment numbers have swelled by 42,000.

The aforementioned report suggests the addition of between 20 million and

48 million gross square feet of facility space will need to be added to accommodate the additional students that are projected to enroll.

The report also suggests that the BOR may want to pay more attention to adding space in the Atlanta area, based on a projected increase there of 66,000 students by 2020. Is that the right thing to do?

Certainly Atlanta has some things going for it. It is the capital of Georgia, and it remains the economic hotbed of the Southeastern U.S. Both the State Legislature and the BOR, the two bodies who will be key in the planning and approval of any System facility addition program, are based there.

Two of the major System institutions in the Atlanta area, Georgia Tech and Georgia State University, were among the lowest in the state in enrollment increases. Those two schools averaged a 2.2 percent increase; in contrast, the average increase among the 13 state Universities was 7.3 percent.

If you include all 12 System institutions within 100 miles of Atlanta, the average enrollment increase was only 5.3 percent, as opposed to

an average increase at Armstrong and Savannah State University of 7.3 percent. If you include all five System institutions within 100 miles of Savannah, the average increase comes in at a healthy 8.3 percent, a full 3 percent higher than those based in Atlanta.

The big difference here is that Atlanta has the big names going for it. Georgia Tech, which has the highest average incoming SAT scores at 1325, and UGA, which, unlike Armstrong, is not one of the 12 System Institutions with an average incoming SAT score of more than 1000, are the cornerstone Universities

in the System.

Each and every institution is important, especially if we expect to continue to offer the opportunity for a quality education. We don't want to offer just a place to go to college; we want to offer an educational experience that will continue to provide our graduates with an enhanced ability to succeed in the working world they will encounter upon graduation.

Another recent report presented to the BOR, this one on the dollar value a System education provides over a high school education, stated that, on average, System graduates average

\$14,000 more per year than those with only a high school education. The report contrasts the average tuition of \$12,800 for four years with the ability to earn nearly \$1 million more in salary over a graduates working career.

The BOR is committed to continued excellence throughout the System. When addressing the question of maintaining system-wide quality of education through addition of facility space, a concentration on adding space to the Atlanta-based components of the System is the wrong answer.



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Student Activities

•The Inkwell is published and distributed weekly each semester. Copies are available in distribution boxes throughout campus.

•The Inkwell reserves the right to edit any submissions for length or content.

•The opinions expressed by the students of AASU may not be the opinions of the

staff of The Inkwell or the administration of AASU.

•The Inkwell welcomes letters and comments from readers provided that they are clearly written or typed. All submissions must be signed with a telephone number and SSN included for verification purposes. Names will be withheld upon request.

•The Inkwell welcomes public service announcements, press releases, etc. Such information may be published free of charge at the discretion of the editorial staff.

•Photographs are not guaranteed to be returned

after publication. The Inkwell will attempt to return photographs, but please make copies before submission.

Awards:

Chris Lancia- Outstanding Sports Writing, Large University, SRPI, 2002, 2003

Erin Quigley- Outstanding Feature Writing, Large University, SRPI, 2003

Looking for Love?

Well, we can't help with that, but the Inkwell does hold meetings every Wednesday at noon in the Inkwell office, located upstairs in the Memorial College Center. Bring a friend!

Open SGA Meetings

Every Monday at 12:05, the Student Government Association holds weekly Senate meetings in University Hall, room 157. Senate meetings are open to all students, faculty, and staff. Everyone interested is encouraged to attend.

Minutes for all recent SGA Senate meetings are public record and posted outside the SGA Office located on the right side of the upper level of the Memorial College Center.

SGA Secretary Megan Moore
Email: sga@mail.armstrong.edu
Phone: 927-5350

Quotes of the Week

"I have noticed that people who are late are often so much jollier than those who are waiting for them."
-E.V. Lucas

"The best way to keep children home is to make the home atmosphere pleasant--and let the air out of the tires."
-Dorothy Parker

"The great tragedy of Science - the slaying of a beautiful hypothesis by an ugly fact."
-Thomas H. Huxley

University Relations

- ❁ Armstrong Students Psychology Paper Wins Award
- ❁ Armstrong Professor Elected Chair of ACS Steering Committee
- ❁ Cosgrove named President of SRATE

For more information visit www.urelations.armstrong.edu!

AASU Calendar

For the latest info, log on to cove.armstrong.edu!

January

- 6 First day of classes
- 8 Last day of free Drop/Add period
- 9 Faculty Forum
Noon SC 1402
- 10 First day of Saturday classes
Kappa Alpha Psi Dance
10:00 pm Contact OMA @ 927-5271 for info
- 12 Student Government Association Meeting
Noon UH 157
Coffee House @ Compass Point (sponsored by CUB)
7:30 pm Compass Point Clubhouse
- 14 EASE Luncheon
Noon UH 158
Alpha Kappa Alpha Interest Meeting
Noon UH 157
Basketball vs. Clayton State
5:30 pm (W) 7:30 pm (M) Alumni Arena
Reception for George Davies, Physical Therapy
7:00 pm Faculty Dining Room
- 17 Basketball vs. Francis Marion
5:30 pm (W) 7:30 pm (M) Alumni Arena
- 19 Martin Luther King, Jr. Day (University Holiday)
- 21 OMA Movie
7:00 pm UH 156
- 23 First batch of excess checks mailed out
- 24 Basketball vs. Lander
2:00 pm (W) 4:00 pm (M) Alumni Arena

For more go to <http://www.armstrong.edu/calendar.htm>

Classifieds**Become a Red Cross Volunteer**

The Savannah Chapter of the American Red Cross is in need of volunteers for the delivery of services provided to the Community by the Chatham Branch. An initial orientation will be held on **January 14, 2004, at 10:00AM at the Red Cross offices, 422 Habersham Street, Savannah, Ga, 1st floor.** Volunteers will learn the history, guiding principles and the mission of the Red Cross. Individuals will also receive information on the role of a volunteer and what opportunities are available with the Red Cross Chapter. No prior experience or payment is required.

The orientation will last about 1 hour.

For more information or for questions please contact: Mark

Stall @ (912) 651-5352 or 651-5339

Email: stallm@savannahredcross.org

The Rock Me Productions Vice-Chair position is vacant.

Rock Me Productions is an arm of the Campus Union Board that handles the booking of musical acts here at AASU. If you would like to apply for this position, go to: http://www.sa.armstrong.edu/Activities/online_app.htm or get a Leadership Application from the Student Activities office located on the first floor of MCC.

Application deadline is January 14th at 5:00 PM.

**FREE LUNCH FRIDAYS**

Wesley Fellowship invites you to free lunch Fridays @ noon in Ashmore Auditorium!

HOPE TO SEE YOU THERE!!!

Contact your Wesley campus minister, Melissa Traver @ (912) 236-0042 or traver_m@bellsouth.net

Armstrong Food Court Weekly Specials

Wednesday

No Special

Thursday

No Special

Friday

No Special

Monday

No Special

Tuesday

No Special